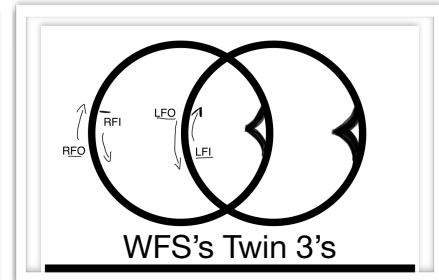
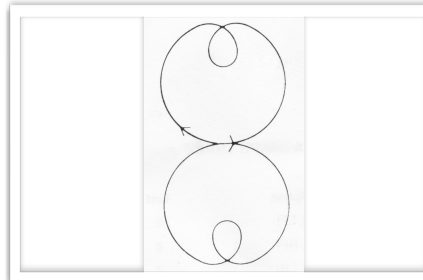
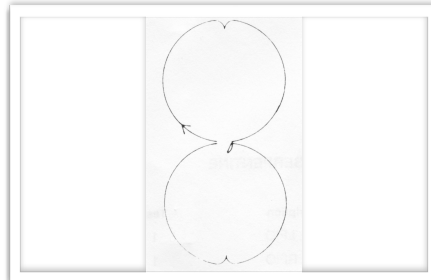


FIGURE EIGHTS: THE LIFE FORCE OF FIGURE SKATING - DVD

WORLD FIGURE SPORT'S SKATING EXAM CHART FOR FIGURES

DVD Reference Guide on left & World Figure Sport's Silver Exam on right



Questions contact: Mrs. Kelly, MA, Olympian, WFS's Chef de Mission of Education & Sport - WorldFigureSport.org 518-304-3029 copyright-all rights reserved

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2nd Figure Menu	Title	Title & Chapter	<u>World Figure Sport's Silver Exam</u>	<u>3-turn + Loop Foundations</u>	<u>Knowledge Type</u>	<u>WFS's Exam Date & Level Achieved</u>
Circle 8	RBI-LBI	2 & 15	Twin 3's	RFO3-RFI3 & LFO3-LFI3	Expanded	
Three	RFO-LBI	2 & 16	Threes	RFO-LBI & LFO-RBI & RFI-LBO & LFI-RBO	Fundamental	
Three	LFO-RBI	2 & 17	Change Threes	RFOI-LBOI & LFOI-RBOI & RFIO-LBIO & LFIO-RBIO	Fundamental	
Three	RFI-LBO	2 & 18	Serpentines	RBOI-LBIO & LBOI-RBIO	Fundamental	
Three	LFI-RBO	2 & 19	Quad Cupcake	RFOIO-LFOIO	Expanded	
Serpentine	RBOI-LBIO	2 & 20	Loops	RFO-LFO & RFI-LFI &	Fundamental	
Serpentine	LBOI-RBIO	2 & 21	Loops	RBO-LBO & RBI-LBI	Fundamental	

